



Campbelltown Veterinary Hospital

Veterinary Surgeons

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Dose rates for “Simply Nutrition Glucosamine Chondroitin” powder available from GNC health food shop in Macarthur Square (250 glucosamine, 200mg chondroitin per teaspoon)

Body weight (kg)	Dose twice daily (teaspoons)
<5kg	1/2
5-10kg	1
11-22kg	2
23-44kg	3
>45kg	4

Start at above dose rates for at least 6 weeks. After 6 weeks, reduce daily dose in monthly increments (say by ½ teaspoon) until a maintenance dose is reached. The dose may be increased again at any time, if required.

Also available are GNC Glucosamine 750mg Chondroitin 600mg tablets.